

Eden Rapp



Eden Rapp is a music loving, hard-working self-advocate, and Self-Determination has allowed her to put feet on her dreams. She has different kinds of writing and presentation experience both regionally (Disability Voices United's Self-Determination Program conferences) and nationally (National Down Syndrome Society and National Down Syndrome Congress conventions).

As a member of the Down Syndrome to the Max co-research team out of Boston University, she has (remotely) helped design and conduct research studies on health issues affecting people with Down syndrome, and has published articles relating to their research projects. One of her articles, "Down syndrome and dementia," a reflection piece published in 2025 in the online journal of the Alzheimer's Association, was nominated in 2026 for publication of the year by the International Society To Advance Alzheimer's Research and Treatment. She also has two part-time jobs: research assistant to the Boston University Co-research team, and front end organizational lead for Grocery Outlet, Lomita. Locally she helps lead a book club (UpVoice), is active in Toastmasters, volunteers at church on the worship team (sign language), loves cooking, and has received training to become a beginning piano teacher.