



Buddy Walk[®] Registration Form

Name: _____

Address: _____

City: _____

State, Zip: _____

E-Mail: _____

Phone: _____

Yes! I want to walk to promote inclusion and acceptance of people with Down Syndrome.

Registration Fee: (Includes T-shirt)

Adults - 18 years & older: \$20.00

Children - 3 years to 17 years: \$10.00

Children - 2 years and under: Free

Down Syndrome Participant: Free

Please list names:

Walker 1: _____

Walker 2: _____

Walker 3: _____

Walker 4: _____

Walker 5: _____

Adult T-shirt sizes (include number of shirts for each size)

S _____ M _____ L _____ XL _____ XXL _____ XXXL _____

Child/Youth T-shirt sizes (include number of shirts for each size)

S _____ M _____ L _____

I have enclosed a check for my registration fee. Make checks payable to DSALA/Up for Down. (**Please indicate INLAND BUDDY WALK[®] on envelope**)

Mail this form to: **DSALA/Inland Buddy Walk[®]**
315 Arden Ave, Suite 25
Glendale, CA 91203

I cannot participate in the walk, but please accept my donation of:

\$20 \$50 \$100 other: _____

Signature: _____

I hereby waive and release all claims against the National Down Syndrome Society, DSALA/Up for Down, City of Upland and all persons and agencies connected with this event for any injury I might suffer which arises from any participation in and travel to and from this event. I certify that I am physically fit and prepared for this event.

LEARN MORE

<http://buddywalk.kintera.org/inlandvalley>

www.dsala.org

www.ndss.org

www.downsyndrome.com



Up For Down
Down Syndrome Support Group

Walk to Support Acceptance and
Inclusion of People With
Down Syndrome



SUNDAY, OCTOBER 18, 2009
MEMORIAL PARK
UPLAND, CALIFORNIA
10:00 AM to 3:00 pm



Down Syndrome Association of Los Angeles



*** Should you wish to volunteer for the Buddy Walk® or would like more information on entering the classic car show ('72 and older) please contact.**

Carol Anten:

909-268-6344

**Cars will be professionally judged.
Awards will be given.**

What is Down Syndrome?

Down syndrome is a genetic condition that occurs in approximately one in every 800 to 1,000 live births. It affects people of all ages, races and economic levels and is the most frequently occurring chromosomal abnormalities. It occurs when there are three, rather than two, number 21 chromosomes present in every cell of the body. Instead of the usual 46 chromosomes, a person with Down syndrome has 47. It is this additional genetic material that alters the course of development and causes the characteristics associated with the syndrome. Down syndrome affects over 350,000 people in the United States alone. Recent advances in our understanding of Down syndrome have resulted in dramatic improvements in the life span and potential of those who are affected.

The Buddy Walk Event:

On Sunday October 18th, 2009 the Buddy Walk® begins with a special reception with John Mannerino as Master of Ceremonies. Participants will join in for a one-mile walk to start at 11:00 a.m. At the end of the walk there will be live entertainment, the LA Clipper Girls, classic car show, and a NASCAR race car available for photos. There will be informational booths including participants from: Casa Colina, The Dignity Group, Discovery Toys, Regional Center (Inland Valley and San Gabriel/Pomona), Precision Gymnastics, Parents Place and more. There will also be food, a raffle with many prizes and more for all the participants to enjoy. We hope to see you there.

Down Syndrome Association of Los Angeles:

DSALA works both independently and in conjunction with other disability groups to take appropriate action in response to issues pertaining to Down syndrome and other disabilities. The services provided by DSALA are free of charge to all parents. Board members, consultants, and peer counselors are volunteers. Funding is obtained through donations, grants, association membership, and fund raising activities. The Buddy Walk® is one such fund raising activity.

The mission of DSALA is to enhance the welfare of people with Down Syndrome and their families through the development and promotion of education, counseling, employment and recreational programs to increase public awareness, understanding and acceptance of Down syndrome. Southern CA: 800-464-8995

